





A community is a group of people who share common interests, habits, opinions, or characteristics

Cybersecurity is like a digital shield that keeps your computer, data, and online activities safe from harmful people and software

Employment means having a job where you work for someone, for a company or an organization to earn money for the work you do

Finances are about managing your money. It is how you earn it, spend it, save it, and invest it

Health is a state of physical, mental, and social well-being in which an individual's body and mind function optimally

Hobbies are activities people enjoy doing in their free time to explore interests, to develop skills, for fun and relaxation

Housing is having a place to live, like a home or an apartment, where one can stay, sleep, and keep their belongings safe

Literacy is the ability to read, write, and understand information in books, newspapers, and other written materials

Math skills (numeracy) refers to the ability to understand, give meaning, and apply math concepts in various real-life situations

Nutrition is about the food you eat and how it gives your body the energy and important things they need to stay healthy and work properly

Physical activity involves moving your body and using your muscles to do things like walking, running, playing sports, or doing exercises.

Professional development is the process of improving and expanding your skills, knowledge, and abilities to excel in your career

Social emotional skills are the abilities to understand and manage your feelings, communicate well with others, and build positive relationships.

Task management strategies are actions that you take to attain one or more of your goals, and, to complete a task

Transportation you can move from one place to another, like using cars, buses, trains, airplanes, or even walking

ICT, or Information and Communication Technology, involves using computers and the internet to work, to share and access information, communicate with others

