



What is a literacy?

Literacy is the ability to read, write, comprehend, and communicate effectively in each language. It goes beyond merely decoding letters and words; it all about the capacity to understand, analyze, and engage with written materials. Literacy is a fundamental skill that can empowers individuals to participate actively in society, to access information, and to achieve personal and professional growth.

Why is literacy important?

Literacy is important for personal and professional growth and for societal progress. It opens doors to opportunities and empowers individuals to make informed decisions.

Here are some key reasons why literacy is vital:


- With basic reading and writing skills, individuals learn and advance in various areas or subjects.
- Individuals are better equipped to secure gainful employment, earn higher incomes, and contribute to the economy
- Helps people understand health information, access healthcare services, and make informed health-related decisions
- Improves effective communication, leading to stronger relationships and improved social interactions.
- Etc.




Go ahead! Literacy will empower you to make informed decisions in your life.


How can I improve my literacy skills?


To improve your literacy skills, these steps can be beneficial:


 Step 1: Ask someone to help you assess your current literacy level. This can be done through diagnostic tests or assessments offered by adult education centers or literacy programs.

 Step 2: Set your literacy goals


 Step 3: Look for adult literacy programs or educational institutions that offer tailored courses and resources for adult learners


 Step 4: Engage in personalized learning methods that suit your learning style, such as one-on-one tutoring, small group sessions, or self-paced online courses.

 Step 5: Read regularly to enhance your vocabulary, your comprehension, and your thinking. Start with books that you enjoy

 Step 6: Practice writing regularly, such as maintaining a journal, composing emails, or participating in writing workshops.

 Step 7: Don't hesitate to get some help.


 Step 8: Use technology as a tool for learning, accessing online resources, and practicing digital literacy skills.

 Be persistent and be patient with yourself and maintain a positive attitude throughout the learning process!

What goals can I set myself to improve my literacy skills?



- I read longer texts
- After reading a texts, I understand the meaning (I can answer the who, what, when, why, where and how questions)
- I complete two sets of writing activities per week
- I use technology to communicate, effectively
- I practice my reading 20 minutes every day
- Twice a month, I participate in a book club

 Set your goals!