



What is a technology?

Technology has become an integral part of our life, transforming the way we live, the way we work, and the way we communicate. In today's fast-paced and digitally-driven world, having technology skills is essential for personal and professional growth.

Technology refers to many tools designed to simplify tasks, improve efficiency, and enhance our experiences. It includes hardware like computers, smartphones, and tablets, as well as software like operating systems, applications, and online platforms. Additionally, technology covers digital **communication**, **information** on internet, artificial intelligence, and more. That is why many people use the abbreviation **TIC** for Technology, Information & Communication.

Why is TIC important?

TIC skills are important to communicate in today's world, to find a job and to become more independent.

Here are some key reasons why numeracy is vital:








- In the job market, technology skills are highly sought after. Most industries require employees to be familiar with various software and digital communication tools
- It allows individuals to accomplish more in less time, leaving room for creativity and innovation
- It facilitates communication and connection with other people around the world
- It helps individuals do online banking or purchases on different online stores
- Etc.



Acquiring TIC skills will be convenient, practical, beneficial and will help you adapt to the rapidly changing world

How can I improve my TIC skills?

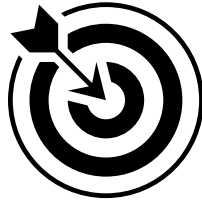
To improve your TIC skills, you can follow these steps:

-  **Step 1:** Self-assess your TIC skills or ask someone from an employment center to help you assess your needs
-  **Step 2:** Set your TIC goals
-  **Step 3:** Take online beginners courses. There is an abundance of online resources offering free courses and tutorials on YouTube
-  **Step 4:** Choose that methods that suit your learning style, such as one-on-one tutoring, small group sessions, or self-paced online courses
-  **Step 5:** Look for local workshops or seminars that focus on technology-related subjects. These events often offer hands-on experiences and networking opportunities
-  **Step 6:** Engage in activities that involve numbers, such as playing strategy games or solving puzzles
-  **Step 7:** Practice Regularly, the key to mastering technology is consistent practice. You can incorporate technology into your daily life, whether it's through using productivity tools, exploring new software, or staying active on social media




Go for it! Learning TIC skills will keep you updated with the latest trends, allowing you to grow personally, professionally and allowing you to adapt to future changes.

What goals can I set myself to improve my TIC skills?



- I identify my specific goals and choose minimum two specific software and two digital tools
- I will view at least 5 videos a week illustrating the use of the most popular digital tools
- Once a month, I engage with online forums and communities focused around technology to seek advice and share knowledge
- I seek help from friends, family, or colleagues who are more tech-savvy.
- I learn from my mistakes, technology can be intimidating and trial-and-error approach is a good approach

 **Set your goals!**